

THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2018 TO SPRING 2019



EMEWS EDITOR:

Mike Gardner
3 Gatcombe Close
Oakwood
Derby
DE21 2PZ

Email: mikegardvo@sky.com

EMEWS

MEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands Orienteering Association Officials 2018/2019

Chairman	Amanda Roberts amandaroberts1962@googlemail.com
Vice Chairman	Chris Phillips
Financial Secretary	Mark Webster markandjuliewebster@yahoo.com
Development Co-ordinator	Position Vacant - volunteer required

Club Rep Roles

DVO Rep	John Hurley johnhurley870@btinternet.com
LEI Rep	Ursula Williamson ursula.williamson.orienteer@gmail.com
LOG Rep	Trudy Crosby trudycrosby@live.co.uk
NOC Rep	Pauline Olivant, 80 Diamond Ave, Rainworth, Nottinghamshire, NG210FT Tel 01623 792336 p.olivant@btinternet.com

Other Committee Roles

Minutes Secretary	Mike Gardner	mikegardvo@sky.com
Fixtures Secretary	Ursula Williamson	ursula.williamson.orienteer@gmail.com
Coaching Coordinator	Hilary Palmer	hjpalmer@ntlworld.com
Junior Squad	Ann-Marie Duckworth	jasrduckworth@btinternet.com
Mapping	David Olivant	d.olivant@btinternet.com
EMEWS Editor	Mike Gardner	mikegardvo@sky.com
Webmaster	John Cooke	jholtcooke@btinternet.com
EMOA League	Ursula Williamson	ursula.williamson.orienteer@gmail.com
Urban League	Paul Murgatroyd	pmurgatroyd@lincoln.ac.uk
National Forest	Roy Denney	roydenney@hotmail.com
BO Directors for EMOA	Judith Holt	Judith.holtcooke@btinternet.com
	Julie Webster	markandjuliewebster@yahoo.com
President	John Woodall	woodallja@ntlworld.com

East Midlands website: www.emoa.org.uk

Copy Date for next issue: **28th January 2019 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - Thanks as usual to Ernie.

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Report on East Midlands Meeting – 19th November 2018

EMOA Trophies – Mike Godfree has reviewed a number of the EMOA trophies and identified some trophies which needed additional plaques adding to show previous winners or new winners. Mike was thanked for his work in getting the trophies to an improved state. The next EMOA Champs is NOC event at The Dukeries on 16th December (don't forget to pre-enter).

Momentoes for 50th Anniversary Celebrations – Pauline Olivant had the order ready to go for the momentos for the East Midlands Champs. The closing date is 9th December so should know final numbers after that. The intention is to present the momentos at download to all competitors.



Discussion on the East Midland Leagues – At the EMOA AGM there was a discussion about the EMOA Leagues and the involvement of juniors as very few attend enough events to be ranked, and some of the courses only have one or two competitors on them. Should we have a separate league for juniors? Or count fewer events for juniors? The clubs were asked for feedback which was brought to the meeting.

Juniors – After discussion at the meeting it was felt that there were 2 groups of Juniors, those who use the shorter courses initially and then progress to other courses, then the older juniors and many of them like to compete against adults and prove they can beat them (but often focus more on other competitions).

It was felt for now we would leave the League as it was for Juniors but would try to ensure that the age class is included in the League Results Table going forward.

East Midlands League – Further discussion followed and there was a split as to whether we should try to focus on the same number of events as now, or should we look to just include some of the level C events on quality areas in the region in to the EM League. There was concern that having different standard level C events could reduce attendance at events and have financial impacts on clubs. For now it was agreed to keep the status quo and if a club cannot commit to it's allocation then other clubs could step in if they had the capability to provide additional events (the counting number will remain as half of the events + 1). So again for next year it is expected to be 8 events counting.

Urban League – The Urban League was felt that it was going well but that we should look to the addition of M75 (Hypervets) as there are now quite a few people competing at this level.

If members have views on the EM Leagues and want to share them then please send them to the editor who can share them in future EMEWS and take to the committee meetings.

JIRCS - The JIRCS budget had come in showing a loss of around £103, while the budget had been for a loss of £200. This was despite a number of last minute problems that were overcome by the team managing the event (unexpected additional VAT on budget, having to keep everything low key on relays, Chatsworth access problems due to weather). There has been excellent feedback from the other junior squads after the event. The committee thanked Sarah Pennell for all her hard work in ensuring the weekend went ahead smoothly.

Regional Training Day - Chris Phillips reported that the Regional Training Day was arranged for 24th November 2018 and there were 32 attendees (only 2 of which are from outside the region). Courses on planning, organising, mapping and controlling were all taking place.

Level A Controllers - Two EMOA members had attended a Level A Controllers course and it is hoped will shortly be submitting their applications as Level A Controllers. This should mean that each club in the region now has a level A controller (which will be the first time this has happened for a long time).

Future Events:

- (i) 16 Dec 2018 - East Midlands Champs - NOC - Dukeries
- (ii) 17 March 2019 - CompassSport Cup Heat - NOC - Sherwood Pines
- (iii) 19 May 2019 - Yvette Baker Trophy Heat - DVO - Calke
- (iv) 23 Jun 2019 - East Midlands Sprint Champs - LOG - Witham St Hugh's
- (v) 14/15 Sep 2019 - British Sprints / Middle 2019 - LEI / DVO - Loughborough / Chinley Churn - The sprint event is now a world ranking event.
- (vi) 8 Dec 2019 - East Midlands Champs - LOG - Grimsthorpe
- (vii) 9 Feb 2020 - Midland Champs 2020 - DVO - Shining Cliff
- (viii) 10 Oct 2020 - British Schools Score Champs - DVO - Shipley Park
- (ix) 4 Jul 2021 - Yvette Baker Trophy Final 2020 - LEI - Irchester
- (x) 17 Oct 2021 - CompassSport Cup Final - DVO

Future Possible Events

- (i) 22 Nov 2020 - East Midlands Champs - NOC

EMOA League 2018 - The presentation for 2018 is planned to be at Bramcote event on 3rd February.

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting will be on Monday 28th January 2019, then the following committee meeting will be on Monday 8th April 2019. All members are welcome to attend committee meetings if they wish to do so.

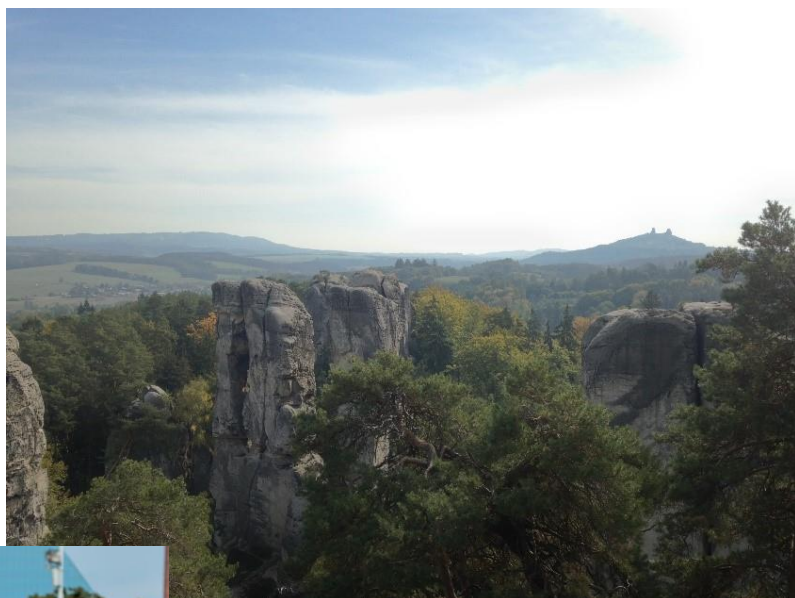
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World Cup Final – Czech Republic

The final round of the Orienteering World Cup took place in and around Prague from 4-7th October. The previous rounds this year had been in Switzerland (European Champs), Latvia (World Champs) and Norway. This time around, there were Knockout Sprint, Sprint Relay, Middle and individual Sprint races to be contended.

The World Cup series, while providing quality racing and very strong competition, is typically a lesser target for British athletes than the major championship races (Europeans and Worlds). For this reason, some of the experienced runners made way for a more fresh-faced team featuring a number of juniors and senior international debutants.

Knockout Sprint



Men's Semi-final (Tomas Bubela)

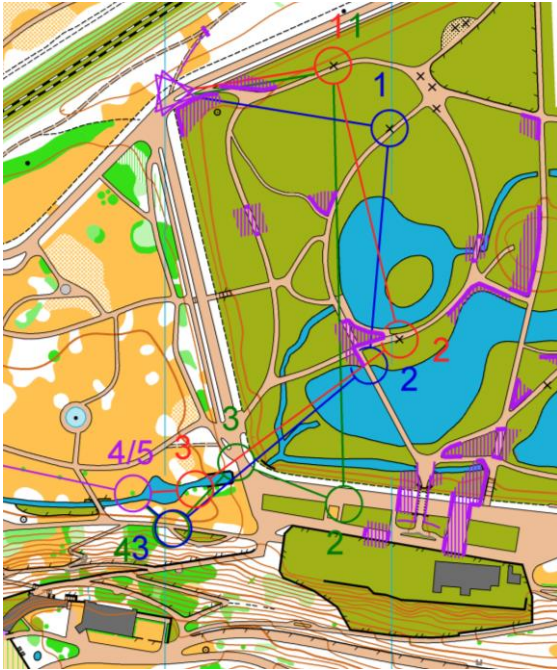
This is a new format which is being tested ahead of its introduction in the new sprint-only WOC in 2020. It consists of a qualifier round, followed by three mass start rounds of 6 runners each. In each of the quarter- and semi-finals, the top two runners across the line progress to the next round. These head-to-head races make for close finishes and very exciting spectating.



Quarter-final sprint finish (Klara Masinova)

There were no standout British performances, but it was a useful experience for the team in what is a very new challenge to get-to-grips

with. One of the talking points was the use of a 'Runner's Choice' forking system, in which each runner chooses one of three sections of course before they start, which they will then run during the race. This is quite a departure from traditional orienteering, and one which has divided the opinions of runners and spectators alike!



Women's Quarter Final course choice

Sprint Relay



Men's Sprint Relay forking

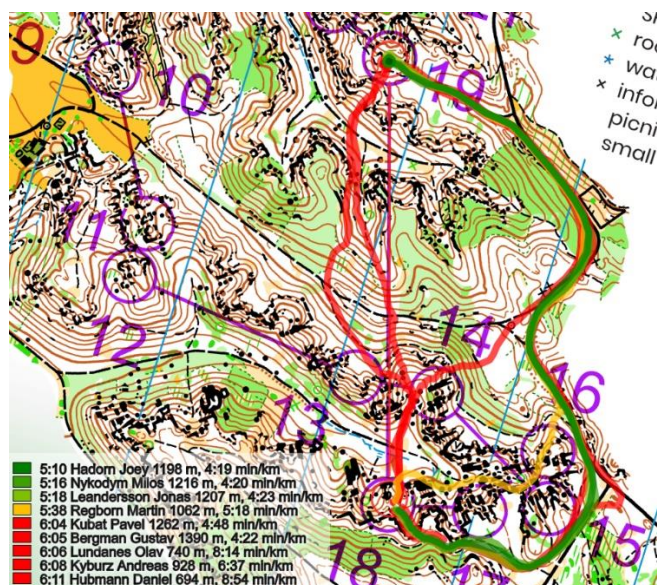
This was held on Petřín hill in central Prague and featured hilly and physical courses with some tricky route choices. The Swiss team held off the competition and took home the honours, helped by Swedish superstar Tove Alexandersson making some rare mistakes.

Middle

For many, this was the highlight of the weekend. The runners raced out of Valdštejn Castle and straight into an incredibly steep, rocky and technical forest, in the Bohemian Paradise national nature reserve. Navigating through the natural maze of huge sandstone rock pillars was far

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from simple, and the physicality of the terrain was highlighted by the winning time of 38 minutes over the 3.7km women's course. This was certainly unique terrain which favours the well-prepared, and the home Czech team cleaned up with six runners finishing in the top 10 of the two classes.



The top British performances came from Jonny Crickmore and Cat Taylor, who adapted well to the surprisingly wide route choices that were needed to avoid taking on some of the biggest climbs. Even for those runners who struggled this time around, the experience could prove valuable with the (forest-only) World Championships being held nearby in 2021.

Men's routechoice analysis 18-19
(worldof.com)



Alex Carcas contemplating his route
(Petr Hap)



Men's winner Miloš Nykodým
(Tomas Bubela)

Sprint

The final race of the weekend, and the 2018 international season, was a sprint around the town of Mladá Boleslav. The top 40 placed men and women in the 2018 World Cup series qualified to run the A final, which, in typical Czech style, was a tricky and interesting course around a beautiful old town with some decisive route choice legs.

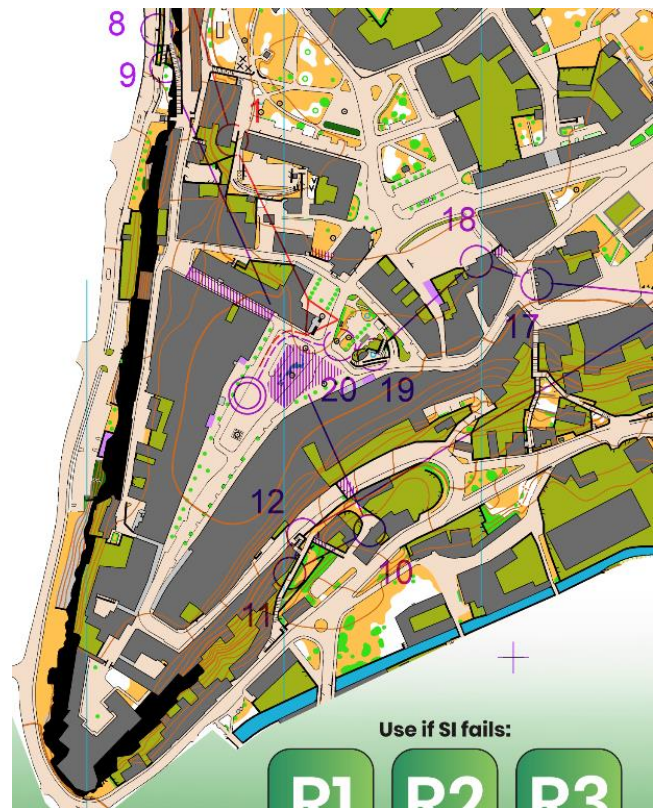
Tove Alexandersson dominated the Women's race to seal her overall World Cup win, while fellow Swede Jonas Leandersson took the win in the Men's. This was a fitting end to an outstanding international career for him (including a gold medal in the Sprint at Britain's WOC 2015), as he retired a few weeks later.

While the British team didn't come away from these World Cup races with really top results, it was a good experience, especially for many of the younger runners, and served as fuel for the fire for the months of winter training ahead.

On right is a decisive route choice 9-10 on the Men's Sprint.

The first World Cup round of 2019 will be held in Finland in June. A big personal thank you to NOC and EMOA for their ongoing support of elite orienteering!

Peter Hodgkinson (NOC)



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Orienteering Foundation Report (Pauline Olivant)

Latest news.

- In Oct the Foundation launched a 1% legacy programme, if you are interested in finding out more see www.orienteeringfoundation.org.uk/one-percent.
- The coaching day in the Lakes was a success, if EMOA members would be interested in another day in the future please let me know. Would you like to be coached elsewhere in the country?
- Recent grants have been made to Exeter University to help set up a new university club, Tayside OC to support development work in the area in the lead up to Scottish 6 days. SOA had a grant to launch their new youth leader award.
- The Foundation again supported fund raising for the WOC team.

The Foundation received a very generous donation from several WM clubs after the JK and Saxons OC made a club donation of £500.

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EMJOS Summary June to November 2018

17th June 2018 Stanton Moor (DVO area) Training

After competing in the draining DVO East Midlands League event earlier that morning we joined up with the West Midlands Squad for an afternoon of bearings and aiming off exercises.

With the help of John Mather (lead coach, LOG), Paul Murgatroyd and two coaches from WMJS, we (11 EMJOS and 11 WMJS) executed many different exercises short and long, across the tough heather terrain and fiddly navigation in the quarries.

19th August Sprint training at Clifton, Nottingham.

The morning was spent training around one of the Clifton estates (small traffic calmed loops),



using the training exercises and map specially mapped by Dave Schorah for the British Sprint Squad training session (see extract left).

The afternoon was the Level D Sprint event at NTU Campus (NOC) with- 3 sprint courses to practise the sprint race routine.

The session was attended by 10 people - 3 juniors and 7 seniors (half from out of the region).

The training definitely had some impact on the performance of the

participants at the British Championships (Bath Uni 1st Sept 2018) with 5 podium places!

Peter Palmer Relays 8th & 9th September 2018 at Tankersley Wood (SYO).

The region had 2 teams in the 6 leg junior only relay that starts at 5am in the dark. LEI entered an experienced team; whilst for the combined EMJOS (DVO and NOC) team it was for some the first time running in the dark or as part of junior team. The buzz and the atmosphere of the assembly area with either one of two loops through the spectator control, was great. Enhanced by the multi coloured tea lights lighting the track just like a runway.

I highly recommend you view the video created by Ben O'Donnell (EMJOS junior) posted on the EMJOS website (and others) to appreciate the event.

JIRCS 2018 Chatsworth and Carsington Pastures 29th & 30th Sept 2018.

The region hosted this prestigious event and prepared 2 fine days of orienteering. A big thank you from JROS and the other regions for a superb weekend of top quality running and well run events. And the food was great.

This year EMJOS achieved 6th place overall (Day 1 and Relay positions), out of the 12 regions.

JIRCS Individual positions (Day 1)		
M14:		W14:
11 Jake O'Donnell (M12) 21 Ben Hardy 24 Harrington Leake 28 Ben O'Donnell		10 Libby Barber 28 Hannah Mather (W12)
M16:		W16:
20 Ben Squire (M14) 28 Ben Mather 33 James Bedwell		10 Rachel Duckworth 27 Sophie Vincent
M18:		W18:
11 Ethan Tebbutt 28 Jamie Lowthian		12 Sarah Duckworth 18 Imogen Wilson 21 Anna Barber

BOF Youth Weekend, Walesby Scout Camp 13th & 14th Oct 2018

A combined social and orienteering residential weekend session, aimed at M/W12 to M/W14 in the East Midlands and Yorkshire and Humberside. There were 6 juniors (5 NOC and 1 LOG) from the East Midlands who went. The feedback from one junior was she enjoyed it a lot and would go again - praise indeed. O' sessions were run by Hilary Palmer.

Orienteering Federation Lakes Training 10th & 11th November 2018.

EMJOS took advantage of the access and pre-hung controls in the classic Lakeland orienteering area of Graithwaite. 7 Juniors and 4 coaches used the afternoon training on Saturday to sharpen their technical skills of contour reading. The overnight stay at Far Sawrey was with the North East junior squad too. The Sunday LOC event (Holme Fell) saw some fast times: Jake O'Donnell 10th Blue, Ben Squire 15th Blue, Imogen Wilson 36th Blue, Harrington 13th Light Green, Libby Barber 16th Light Green, Barbora Borzikova 23rd Light Green.

Future Training:

Bradgate Park 25th November in conjunction with the LEI Regional event.

Training in South East near Epping Forest 8th & 9th December 2018.

Hopefully teaming up with South East and South Central junior squads for Saturday training, combined with the Interland selection race on Sunday.

13th & 14th March 2019 EMJOS are joining up with Yorkshire and Humberside junior squad (and other squads) for a training session based at Malham (BOC limestone terrain)

Selections to Junior Camps and major successes

This summer Rachel Duckworth (DVO) was selected for the Talent Camp (Blencathra Lakes), followed by JROS Deeside camp (Scotland), and crowned off by being asked to join the Talent Squad - aiming to run for England in the international races. She is also British Middle Distance Champion

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In October she will also run for England in the Junior Home Internationals (JHI) (Pitlochry, Scotland).

Ben Squire (NOC) has also been selected to run at the JHI's (October, Scotland) and represented England at the Interland international competition in Holland (March 2018).

Jake O'Donnell (DVO) has had a podium topping year in M12: JK Sprint and overall champion; 3rd at the Scottish British Championships, British Sprint and Middles Champion.

Ben Glover (LEI) M12 2nd at British Middle Distance Championships.

Fundraising

The event organiser for the East Midland Champs (16th Dec), The Dukeries (NOC), has allowed the squad cake stall to be set up.

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Walesby Youth Camp 13 (from 4pm) & 14 October (to 4pm) 2018

Aims of the Youth Camp:

- Have fun doing orienteering and other activities
- Make new friends from other clubs

Venue: Walesby Forest Camp; accommodation in a new lodge; food provided by the camp.

Participants: 30 11 - 15 year olds from LOG (1), NOC (5), HALO (3) and SYO (21). 3 SYO coaches were with the group overnight and Hilary Palmer just for the Sunday 2 sessions 9 - 11.30 and 1 - 3.30

Activities: Scout camp led activities x 3 sessions and 2 orienteering sessions: training / practising and a 2 person 4 leg sprint relay with each person doing 2 short loops - mixed age/experience teams and short / long loops according to each person.

Survey: All juniors said they had enjoyed the camp and rated the activities 'enjoyable' or 'very enjoyable' despite Sunday being wet almost all day.

Future:

Repeatable (clubs & regions to consider) - offer this to 11 - 14 age group when they might be thinking of giving up the sport.

Hilary Palmer (Coach)

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East Midlands Urban League 2018

The events for the EM Urban League for 2018 are shown below. The scoring is the best 4 out of 8 events to count. There have now been two events in the League, Buxton and Southwell.

1	DVO	Buxton	01-Jan	
2	NOC	Southwell	29-Apr	
3	LEI	Quorn	10-Jun	
4	LOG	Skegness	24-Jun	
5	LOG	Lincoln City	19-Aug	
6	LEI	Shepshed	07-Oct	
7	NOC	Nottingham	28-Oct	
8	DVO	Oakwood	09-Dec	



Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Jake O'Donnell	M12	DVO	300/3	100				100	100		
2	Ben Mather	M16	LOG	200/2		100		100				
3	Ben O'Donnell	M14	DVO	192/3	96				0	96		
4	Samuel Davis	M16	DVO	100/1							100	
5	Alexander Barker	M10	NOC	96/1					96			
5	Finlay Lowthian	M12	NOC	96/1							96	
7	Michael May	M5	LOG	93/1					93			

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Sophie Vincent	W16	DVO	196/2		100			96			
2	Charlotte Fox	W14	LOG	100/1							100	
2	Libby Barber	W14	LEI	100/1			100					
4	Rachel Duckworth	W14	DVO	96/1	96							
5	Alice Woodward	W12	DVO	90/1	90							

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Mike Chapman	M35	LOG	369/6	88	91	87		91	91	96	
2	Craig Lucas	M21	LOG	363/5			86	91	89	93	90	
3	Alan Le Moigne	M40	DVO	359/4		87	91			90	91	
4	Andy Glover	M40	LEI	272/3		90	93			89		
5	Lee Hartill	M21	LOG	267/4		89	0		90	88		
6	Liam Harrington	M21	LOG	185/2	89				96			
7	Kevin Lomas	M60	NOC	173/2						86	87	
8	Alastair Thornton	M21	LUOC	96/1						96		
9	Louis Forshaw-Perring	M20	DVO	93/1	93							

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9	Jenny Jones	W21	NOC	93/1		93						
9	James Rogers	M21	LEI	93/2						0	93	

Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrea Page	W40	LOG	381/7	93	91	96	89	96	0	96	
2	Sally Calland	W40	RSOC	196/2	100	96						
3	Imogen Wilson	W18	LEI	191/2			91				100	
4	Holly Haywood	W21	LOG	183/2				93	90			
5	Tracey Brookes	W50	LEI	181/2	91		90					
6	Alison Wright	W21	LOG	100/1					100			
7	Helen Chiswell	W40	DVO	93/1		93						
8	Grace Pennell	W18	DVO	90/1	90							
8	Hebe Parr	W21	DVO	90/1		90						

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Richard Parkin	M50	DVO	389/5	93	100	100		91		96	
2	Paul Murgatroyd	M50	LOG	383/4	91		96		96		100	
3	Francesco Lari	M50	DVO	376/5	89	96	91			100	87	
4	Stefan Chafer	M50	LEI	346/5		86	87		89	82	84	
5	Murray White	M50	DVO	338/4		84			83	86	85	
6	Alastair Paterson	M50	LEI	332/4		83	84		82		83	
7	Graeme Barker	M45	NOC	272/4				93	90	0	89	
8	Richard Naish	M50	DVO	251/3					86	83	82	
9	Andrew Selby	M40	DVO	243/3				83	79		81	
10	John Mather	M45	LOG	182/2		91		91				

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W45	LOG	400/7	96	100	100	100	100	100	100	
2	Helen Parkinson	W50	NOC	376/6		93	89	96	91	90	96	
3	Sal Chaffey	W50	DVO	372/6	91	91	93	93	93		93	
4	Jillian Barker	W45	NOC	359/5		89		90	88	89	91	
5	Claire Selby	W45	DVO	352/4			87	89	86		90	
6	Jane Dring-Morris	W45	LEI	349/4		88	84			88	89	
7	Clare Hanna	W50	LOG	260/3			85	88	87			
8	Nicola O'Donnell	W45	DVO	356/3	86				85	85		
9	Hayley Fox	W40	KOG	177/2					90		87	
10	Lisa Cooke	W40	DVO	176/2		90				86		

Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
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1	Andrew Ridgway	M55	NOC	389/4		100	100	93	96			
2	Paul Morris	M60	NOC	374/4	88				93	100	93	
3	Robert Parkinson	M60	NOC	363/6		93	89	90	85	91	88	
4	John Hurley	M60	DVO	356/6	84	90	86	80	84	96		
5	David Vincent	M55	DVO	351.5/5		91	90	83.5	0		87	
6	Andy Portsmouth	M60	LEI	321/4	78	79			78	86		
7	Paul Hudson	M55	NOC	262/3	91	85			86			
8	Dave Chaffey	M55	DVO	260/4			0	81	89		90	
9	Andrew Wallace	M60	NOC	255/3		83				88	84	
10	Graham Johnson	M60	DVO	178/2	89						89	

Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Amanda Roberts	W55	LOG	400/4	100		100	100			100	
2	Amanda Price	W55	DVO	385/4		100	96		93		96	
3	Ruth Ellis	W65	DVO	359/6	85	89	91	84	89	90		
4	Ursula Williamson	W55	LEI	272/3		90				93	89	
5	Kim Buxton	W55	DVO	271/3	89					91	91	
6	Trudy Crosby	W55	LOG	258/3				83	87		88	
7	Angela Lucking	W55	NOC	183/2		93	90					
8	Sue Russell	W55	DVO	182/2	91				91			
9	Margaret Keeling	W70	DVO	174/2			86			88		
10	Anne Kimberley	W55	DVO	168/2				80	88			

Ultravet Men

	Name		Club	Best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Mike Godfree	M65	DVO	366/4		90		96	91		89	
2	Kevin Gallagher	M65	LEI	347/6	85	82.5	87	87	87		86	
3	Jeffrey Baker	M65	LOG	344/5	84	79	83		88	89		
4	Ian Parfitt	M65	DVO	339.5/5	0	82.5	86	88	84			
5	John Marriott	M70	LEI	338/4			85		78	91	84	
6	Derek Gale	M70	DVO	332/6	81	80	81	84	82		85	
7	Dave Skidmore	M70	DVO	320/6	79		77	82	70	0	82	
8	Doug Dickinson	M70	DVO	282/3	93	96			93			
9	Robert Haskins	M65	LEI	263/3	88	86	89					
10	Roger Edwards	M65	LEI	258/3		79	93			87		

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Liz Godfree	W70	DVO	400/5	100	100		100	96		100	
2	Maureen Webb	W65	LEI	362/5	84		96	82	91		91	
3	Jen Gale	W70	DVO	357/6	87	90	91	81	82		89	
4	Hilary Palmer	W70	NOC	285/3				89	100		96	
5	Diane Ford	W70	LEI	266/3		87	89			91		

EMEWS

6	Viv Macdonald	W65	DVO	93/1	93							
6	Christine Middleton	W70	DVO	93/2						93		
8	Ann Armistead	W65	DVO	91/1	91							
9	Margaret Keeling	W70	DVO	88/1							88	
10	Anne Gibbs	W70	LOG	87/1				87				

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East Midlands Urban League 2019

The following are the planned events for the East Midlands Urban League in 2019:

1st January - DVO - Derby West / Markeaton Park

12th May - NOC - Clifton

16th June - DVO - Allestree

23rd June - LOG - East Midlands Sprint Champs - Witham St Hughs

18th August - LOG - Lincoln (UKUL)

29th September - NOC - Worksop

13th October - LEI - Ashby

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East Midlands League 2018

The following are the future events still planned for the League in 2018:

30th December - LEI - Martinshaw

Here is the League status top 10s for those who have more than one thousand points:

The following events are included at this stage:

1 - Strawberry Hill (NOC)

2 - Burbage Common (LEI)

3 - Lincoln South (LOG)

4 - Bestwood (NOC)

5 - Cademan (LEI)

6 - Byron's Walk (NOC)

7 - Hardwick Park (DVO)

8 - Castle Hill (LEI)

9 - Stanton Moor (DVO)

10 - Grangewood (DVO)

11 - Silverhill (NOC)

12 - Linacre (DVO)

13 - Bradgate (LEI)

White - Male

Name	Club	Age									Total	
Lewis Bones	LOG	10	1000-1	1000-2	1000-3	1000-4	1000-5	1000-6	1000-8	855-11	7855	1
Rory Squire	NOC	10	942-3	1000-7	1000-11						2942	2

White - Female

India Turner	DVO	6	1000-5	1000-7	1000-12						3000	1
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Yellow - Male

Josh Bones	LOG	12	1000-1	1000-3	924-4	662-5	456-6	1000-8	1000-11	1000-12	7042	1
Felix Jarvis	LEI	10	974-1	1000-2	458-5	516-6	897-7	927-8	628-10	790-11	6190	2
Alexander Barker	NOC	8	1000-4	1000-5	1000-6	839-7	820-8	1000-13			5659	3

EMEW

Yellow - Female

Alexa Lindsay	DVO	12	1000-2	900-5							1900	1
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Orange - Male

Ian Jarvis	LEI	50	905-1	1000-2	1000-3						2905	1
Leo Crown	DVO		1000-7	1000-9							2000	2

Orange - Female

Robyn Jarvis	LEI	12	1000-1	1000-2	978-3	1000-7	762-8	1000-11	1000-13		6740	1
Sarah Pennell	DVO	50	738-1	855-2	717-3	276-5					2586	2
Matilda Tikkanen	LEI	14	910-5	1000-8							1910	3

Light Green - Male

Joseph Turner	DVO	16	1000-1	1000-7	899-9						2899	1
Phillip Caswell	LEI		1000-6	1000-9							2000	2

Light Green - Female

Libby Barber	LEI	14	1000-2	869-5	1000-6	1000-13					3869	1
Hannah Mather	LOG	12	1000-3	560-6	1000-7	1000-9					3560	1
Lisa Cooke	DVO	40	873-1	615-2	432-6	858-7	552-9				3330	2

Short Green - Male

Kevin Gallagher	LEI	65	1000-2	934-3	1000-6	981-7	1000-8	1000-10	910-12	1000-13	7825	1
David Anderson	LEI	75	892-2	897-3	1000-4	823-5	884-6	969-11	863-12	872-13	7200	2
Peter Chick	LEI	70	693-1	759-2	835-3	712-4	811-6	985-7	787-8	761-11	6343	3
David Bray	LEI	65	771-1	827-2	800-3	920-4	919-5	813-8	1000-9		6050	4
John Woodall	NOC	80	661-1	732-2	707-4	703-5	733-6	771-7	785-11	807-12	5899	5
Andrew Breakwell	NOC	70	867-1	646-2	584-3	1000-5	953-7	1000-12			5808	6
John Palmer	NOC	70	813-1	777-5	627-6	828-9	858-10	924-12	794-13		5621	7
Ernie Williams	LEI	75	633-1	748-2	556-4	660-6	713-7	763-11	651-12	673-13	5397	8
John Cooke	DVO	70	539-1	649-5	682-6	717-7	691-9	726-10	643-12	705-13	5352	9
Peter Leake	LEI	75	775-1	881-2	839-4	782-5	660-6	975-8			4912	10

Short Green - Female

Ursula Williamson	LEI	55	787-2	927-3	874-4	1000-5	770-7	877-11	921-12	774-13	6930	1
Jen Gale	DVO	70	903-1	921-2	889-4	809-5	821-7	763-8	771-13		5887	2
Maureen Webb	LEI	65	740-1	907-3	846-4	952-5	603-6	746-8	640-12		5434	3
Viv Macdonald	DVO	65	984-1	933-5	957-7	1000-8	1000-12				4874	4
Ann Armistead	DVO	65	1000-1	938-4	864-5	963-7	827-12				4592	5
Christine Middleton	DVO	70	864-1	1000-2	941-4	685-10	915-13				4405	6
Judith Holt	DVO		800-1	1000-6	1000-10	978-13					3778	7
Diane Ford	LEI	70	549-2	670-3	591-4	531-6	614-7				2955	8
Karen Bedwell	DVO		644-4	499-6	606-8	667-11	526-13				2942	9
Helen Finlayson	DVO	70	962-1	874-7	1000-11						2836	10

Green - Male

Simon Ford	LEI	75	977-1	869-2	993-3	1000-4	1000-5	985-6	1000-7	889-11	7713	1
Roger Edwards	LEI	65	896-1	862-3	1000-6	912-7	1000-8	750-9	902-10	1000-12	7322	2
Andy Hawkins	DVO	70	823-1	785-2	773-5	779-8	862-9	792-11	863-12	766-13	6443	3
Doug Dickinson	DVO		950-1	1000-2	756-3	831-4	742-5	992-12	974-13		6245	4
Jeffrey Baker	LOG	65	886-1	719-2	610-5	867-6	716-7	741-10	864-12	707-13	6110	5
Rex Bleakman	DVO	70	973-2	812-4	623-5	891-6	995-7	831-9	873-13		5998	6
Dave Skidmore	DVO	70	737-1	720-2	606-4	638-5	835-6	676-9	734-12	680-13	5626	7

EMEW5

Andis Ozols	DVO	35	671-1	678-3	712-4	756-6	635-7	656-9	762-10	753-12	5623	8
Murray White	DVO		675-2	694-4	747-7	657-8	634-10	683-11	821-12	706-13	5617	9
Chris O'Donnell	DVO	50	661-1	608-3	624-5	712-6	650-9	764-10	635-11	603-13	5257	10

Green - Female

Liz Godfree	DVO	70	1000-1	1000-2	1000-3	1000-7	1000-9	1000-10	925-12	1000-13	7925	1
Kim Buxton	DVO	55	655-1	765-3	1000-4	678-7	788-9	753-9	911-11	692-12	6242	2
Jane Burgess	DVO	60	636-1	738-2	745-3	955-4	821-5	788-6	743-7	751-9	6177	3
Jane Dring-Morris	LEI	50	619-2	654-3	755-4	761-6	758-10	981-11	723-12	651-13	5902	4
Ruth Ellis	DVO	65	661-1	845-4	842-5	728-6	684-7	683-9	739-12	706-13	5889	5
Amanda Roberts	LOG	55	825-2	940-3	838-5	1000-6	916-12	818-13			5337	6
Donna Hawkins	DVO	55	508-1	478-2	633-4	523-5	599-6	821-11	516-12	588-13	4666	7
Anne Cunningham	DVO	50	402-1	477-2	503-3	649-4	581-6	592-7	565-9	594-12	4363	8
Clare Hanna	LOG		576-1	631-5	645-6	857-11	537-12	685-13			3931	9
Margaret Keeling	DVO	70	607-2	576-3	780-4	622-6	663-7	679-12			3927	10

Blue - Male

Jake O'Donnell	DVO	12	985-2	957-3	1000-6	953-8	929-9	917-10	904-11	1000-13	7645	1
John Hurley	DVO	60	1000-3	846-4	836-5	913-7	919-8	903-11	799-12	970-13	7186	2
Andy Skyes	DVO		754-1	1000-5	851-6	892-8	1000-9	901-11	777-12	819-13	6994	3
Steve Schofield	NOC	55	745-1	863-2	979-3	743-4	736-6	903-7	891-9	841-13	6701	4
Andrew Ridgway	NOC	55	898-2	905-3	690-5	671-6	917-9	878-11	843-12	859-13	6661	5
Derek Gale	DVO	70	754-1	784-2	787-4	756-5	946-8	937-9	840-12	841-13	6645	6
Russell Buxton	DVO	60	626-1	856-2	858-3	662-4	912-7	891-8	828-9	738-11	6371	7
Ian Wilson	LEI		707-1	853-2	721-4	736-5	701-6	917-8	841-9	812-13	6288	8
Mike Godfree	DVO	65	818-1	905-2	871-3	904-5	985-9	894-10	869-13		6246	9
Richard Naish	DVO		700-1	677-4	636-6	884-8	613-10	821-11	738-12	724-13	5793	10

Blue - Female

Tanya Taylor	LOG	45	1000-1	1000-2	1000-3	1000-4	1000-7	1000-8	1000-12	1000-13	8000	1
Alison Hardy	LEI	50	776-1	937-2	702-4	1000-5	1000-6	775-8			5190	2
Jillian Barker	NOC	45	714-2	603-4	804-5	675-6	759-7	618-8	710-13		4883	3
Sal Chaffey	DVO	50	925-1	886-2	1000-10	897-12	937-13				4645	4
Nicola Hart	DVO		555-1	904-7	630-10	1000-11	707-12				3796	5
Grace Pennell	DVO	18	587-1	562-2	591-3	639-6	587-10				2966	6
Imogen Wilson	LEI	18	913-1	816-2	1000-9						2729	7
Trish Lydon	LEI		720-2	975-9	869-13						2564	8
Jessica Dring-Morris	LEI	18	812-1	813-2	869-3						2494	9
Tracey Brookes	LEI	50	796-2	853-7	624-8						2273	0

Brown - Male

Francesco Lari	DVO	50	780-1	927-4	789-5	736-6	1000-7	738-10	946-11	895-12	6811	1
Edward de Salis Young	LEI	45	1000-2	945-5	609-6	879-7	599-9	916-11	1000-12	771-13	6719	2
Richard Parkin	DVO	50	978-1	1000-3	1000-6	1000-9	1000-10	1000-13			5978	3
Alan Le Moigne	DVO	40	616-1	873-2	696-3	840-4	863-7	874-8	551-9	598-13	5911	4
Richard Dearden	NOC	45	842-1	980-2	873-4	839-5	972-8	747-9			5253	5
Anthony Squire	NOC		811-3	991-7	828-9	1000-11	907-13				4537	6
Paul Goodhead	DVO	55	980-2	685-3	738-5	858-7	925-8				4186	7
David Pettit	DVO		523-1	661-4	735-7	555-9	718-11	644-12			3836	8
Richard Leake	LEI	50	856-1	989-2	971-5	790-6					3606	9
Graeme Barker	NOC	45	892-2	872-7	848-8	632-13					3244	0

Brown - Female

Jenn Gaskell	DVO	21	1000-1	816-3	1000-4	1000-6	683-7	690-9	1000-10	1000-12	7189	1
Julie Ferris	LEI	50	1000-2	1000-5	1000-7						3000	2
Helen Chiswell	DVO	40	1000-3	855-5	1000-9						2855	3
Leah Williams	LUOC	21	829-5	1000-8							1829	4

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East Midlands League 2019

The following are the events planned for the East Midlands League in 2019:

6 th Jan - Sherwood Forest (NOC)	13 th Jan - Spring Cottage (LEI)
27 th Jan - Belton (LOG)	3 rd Feb - Bramcote Hills (NOC)
10 th Feb - Birchen Edge (DVO)	17 th Feb - Beacon Hill (LEI)
24 th Mar - Crich Chase (DVO)	7 th Apr - Bagworth (LEI)
19 th May - Calke Abbey (DVO)	27 th Oct - Kedleston Park (DVO)
3 rd Nov - Shirebrook Woods (NOC)	17 th Nov - Aylestone Riverside (LEI)
24 th Nov - Calverton (NOC)	1 st Dec - DVO
15 th Dec - Bradgate (LEI)	

The intention is to again have 8 scoring events counting towards the league.

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

December

Sat 1 st	YHOA Night League	C	CLARO	YH	Valley Gardens	Harrogate	SE295549
Sun 2 nd	SYO YHOA Superleague	B	SYO	YH	Ramsley Moor	Chesterfield	SK295749
Sun 2 nd	WML Event #10	C	WCH	WM	Brereton Spurs	Stafford	
Sun 2 nd	NOR colour coded and EAL	C	NOR	EA	Sandringham Country Park	Kings Lynn	TF690290
Mon 3 rd	Monday Night Club	Act	LEI	EM	South Charnwood College	Leicester	

EMEWS

Mon 3 rd	LEI Winter League 3	D	LEI	EM	Groby Urban Night	Leicester	SK518070
Thu 6 th	Technical Training	Act	LOG	EM	Hartsholme	Lincoln	
Sat 8 th	LEI Christmas Novelty	D	LEI	EM	Castle Hill Country Park	Leicester	SK554083
Sun 9 th	CHIG Mitre SE League Event	B	CHIG	SE	Epping NW	Epping	TL452018
Sun 9 th	Oakwood Urban, East Midlands & UK Urban League	C	DVO	EM	Oakwood	Oakwood	SK382385
Sun 9 th	YHOA Superleague	C	HALO	YH	Twigmoor Woods	Scunthorpe	
Sun 9 th	OD Club Champs & WMOA League #12 - Itchington Holt	C	OD	WM	Itchington Holt	Harbury, Warks	SP369557
Mon 10 th	Monday Night Club	Act	LEI	EM	South Charnwood College	Leicester	
Wed 12 th	LEI Winter League 4	D	LEI	EM	Swithland Woods	Leicester	SK537130
Thu 13 th	Christmas Social	Act	LOG	EM	Dog & Bone	Lincoln	
Sat 15 th	WNL British Camp - Western Night League 18/19	D	HOC	WM	British Camp	Great Malvern	SO7660238138
Sun 16 th	East Midlands Championships & Robin Hood Trophy	B	NOC	EM	The Dukeries	Ollerton	SK628728
Sun 16 th	WML British Camp - West Midlands League 12	C	HOC	WM	British Camp	Great Malvern	SO763403
Mon 17 th	Monday Night Club	Act	LEI	EM	South Charnwood College	Leicester	
Sun 23 rd	Regional Event	C	EPOC	YH	Newmillerdam	East Pennines	
Sun 23 rd	NOC Christmas Chase	D	NOC	EM	Walesby Forest	Ollerton	SK668703
Sat 29 th	OD Christmas Relays	D	OD	WM	Rough Close Scout Camp	Coventry	
Sun 30 th	East Midlands League 2018	C	LEI	EM	Ratby Woods	Leicester	SK497061

January

Tue 1 st	Derby West Urban Event, EMUL 2019	C	DVO	EM	Markeaton Park	Derby	SK335370
Tue 1 st	Laurie Bradley New Year's Day Score	C	OD	WM	Sutton Park	Sutton Coldfield	
Sat 5 th	LEI Winter League 5	D	LEI	EM	Melton Country Park	Melton Mowbray	SK756208
Sat 5 th	MDOC New Year Charity Event	D	MDOC	NW	Lyne	Disley	SJ964823
Sun 6 th	Regional Event	C	AIRE	YH	Adel Woods and Meanwood Park	Leeds	SE285401
Sun 6 th	East Midlands League 2019	C	NOC	EM	Sherwood Forest	Mansfield	
Sat 12 th	ParkO- Impington Village College	D	WAOC	EA	Impington Sports centre	Impington	
Sun 13 th	East Midlands League 2019	C	LEI	EM	Spring Cottage	Ashby	SK310161

EMEWS

Sun 13 th	WMOA League Event 1 & WCH Champs Beaudesert	C	WCH	WM	Beaudesert	Rugeley	
Sat 19 th	OD Saturday Morning Event - Daventry Country Park	D	OD	WM	Daventry Country Park	Daventry	SP575629
Sun 20 th	GO SE League Event	B	GO	SE		Guildford	
Sun 20 th	Regional Middle Distance Event	C	SYO	YH	Hugset	Barnsley	SE305065
Sun 20 th	WRE WMOA League Event 2 - Boreatton Park	C	WRE	WM	Boreatton Park	Shrewsbury	SJ402239
Wed 23 rd	LEI Winter League 6	D	LEI	EM	Ratby Woodlands	Leicester	SK497061
Sun 27 th	East Midlands League 2019	C	LOG	EM	Belton	Grantham	
Sun 27 th	BKO Concorde Chase	B	BKO	SC	Long Valley North	Aldershot	SU847526

February

Sat 2 nd	LEI Winter League 7	D	LEI	EM	Hermitage Country Park	Whitwick	SK434157
Sun 3 rd	Bush Heath event	B	WAOC	EA	Bush Heath	Mildenhall	TL726754
Sun 3 rd	Bickerton Hill Middle Distance National Event	B	DEE	NW	Bickerton Hill	Tarporley	SJ509587
Sun 3 rd	East Midlands League 2019	C	NOC	EM	Bramcote Hills & The Hemlockstone	Nottingham	
Sun 3 rd	OD WMOA League Event 3 Hartshill Hayes	C	OD	WM	Hartshill Hayes Country Park	Nuneaton	
Sat 9 th	Icenian 2019 (incorporating English Universities Orienteering Cup)	C	CUOC	EA	Bromehill	Brandon	
Sat 9 th	YHOA Night League	C	SYO	YH	Ladies Spring Wood and Beauchief Golf Course	Sheffield	SK332818
Sat 9 th	ParkO- Cherry Hinton Hall Park	D	WAOC	EA	Cherry Hinton Hall Park	Cherry Hinton	
Sat 9 th	MDOC North West Night League Event	D	MDOC	NW	Brereton Heath Country Park	Holmes Chapel	SJ795654
Sun 10 th	MV SE League Event	B	MV	SE	Headley Heath	Dorking	
Sun 10 th	East Midlands League 2019	C	DVO	EM	Birchen Edge	Matlock	SK277721
Sun 10 th	OD WMOA League Hartshill Hayes	D	OD	WM	Hartshill Hayes Country Park	Nuneaton	
Sun 10 th	MDOC Colour Coded event	C	MDOC	NW	Irwell Valley	Bolton, N.Manchester	
Sat 16 th	YHOA Night League & Northern Night Championships	C	AIRE	YH	Ilkley Moor	Ilkley	SE123474
Sat 16 th	Apedale	D	POTOC	WM	Apedale country park - tbc	Newcastle	SJ822483
Sun 17 th	TVOC Chiltern	B	TVOC	SC	Penn and Common	High Wycombe	

EMEWS

	Challenge Level B Event				Woods		
Sun 17 th	East Midlands League 2019	C	LEI	EM	Beacon Hill	Loughborough	SK510145
Wed 20 th	LEI Winter League 8	D	LEI	EM	Fosse Meadows Country Park	Leicester	SP489910
Sat 23 rd	British Night Championships (UKOL)	A	MAROC	SOA	Muir of Dinnet	Scotland	
Sat 23 rd	GRAMP British Nights Weekend Sprint Event	C	GRAMP	SOA	Cove	Aberdeen	
Sat 23 rd	OD Saturday Morning Event - Everdon Stubbs	D	OD	WM	Everdon Stubbs, Nr Daventry	Daventry	SP606562
Sun 24 th	HH Ace of Herts SE League Event	B	HH	SE	Ashridge North	Dunstable	
Sun 24 th	West Norfolk Regional	C	NOR	EA		Kings Lynn	
Sun 24 th	YHOA Urban League	C	EPOC	YH	Elland	Elland	

March

Sun 3 rd	2019 Welsh Orienteering Championships	B	MWOC	WOA	Nash Wood	Presteigne	SO300630
Sun 3 rd	Aire 50th Anniversary Event	C	AIRE	YH	Ilkley Moor	Ilkley	SE117471
Sun 3 rd	Keyne-O, Loughton Valley Park	D	SMOC	EA	Loughton Valley Park	Milton Keynes	
Sun 3 rd	WML 2019 Badgerslade	D	WCH	WM		Stafford	
Sat 9 th	Northern Champs Weekend Urban Event (UKOL)	B	SYO	YH	Ponderosa, NW Sheffield City Centre	Sheffield	SK344880
Sat 9 th	Bathpool	D	POTOC	WM	bathpool country park tbc	Kidsgrove	SJ838537
Sun 10 th	Sarum Saunter	B	SARUM	SW	Great Ridge	Fonthill	
Sun 10 th	Northern Championships (UKOL)	A	SYO	YH	Wharcliffe Woods	Sheffield	SK340986
Sun 10 th	WAOC urban event	C	WAOC	EA	Royston	Royston	
Sat 16 th	ParkO- Wandlebury Country Park	D	WAOC	EA	Wandlebury Country Park	Stapleford, Cambridge	
Sun 17 th	CompassSport Cup Heat	B	OD	WM	Bentley Woods	Atherstone	
Sun 17 th	CompassSport Cup Heat	B	NOC	EM	Sherwood Pines	Ollerton	
Sat 23 rd	OD Saturday Morning Event & Schools' Champs - War Memorial Park	D	OD	WM	War Memorial Park	Coventry	SP322772
Sun 24 th	SROC Red Rose Classic	B	SROC	NW	Hampsfell	Grange over Sands	
Sun 24 th	East Anglian Championships	B	NOR	EA		North Norfolk	
Sun 24 th	YHOA Superleague	C	EPOC	YH	Royds Hall Woods	Bradford	
Sun 24 th	East Midlands League 2019	C	DVO	EM	Crich Chase	Belper	SK350530
Sat 30 th	NGOC Southern Champs	B	NGOC	SW	Knockalls	Monmouth	SO550125

EMEWS

	Weekend Event (UKOL)				Inclosure (West)		
Sat 30 th	Scottish Middle Distance Championships (incorporating BUCS Individual Long Distance)	B	FVO	SOA	Birnam Hill	Dunkeld	
Sun 31 st	Mike Nelson BOK Trot and Southern Championships (UKOL)	A	BOK	SW	Moseley Green West & Cannop Ponds South	Coleford	SO620121
Sun 31 st	Regional Event	C	EBOR	YH	Birch Hagg	Pickering	
Sun 31 st	SOS Hockley Wood	C	SOS	EA	Hockley Woods	Rayleigh	TQ822911

April

Sat 6 th	WMOA Urban League 1 Redditch	C	HOC	WM	Redditch	redditch	
Sun 7 th	Acorn event	B	CLOK	NE	Eston, Wilton and Lazenby	Middlesbrough	
Sun 7 th	SMOC EAL event	C	SMOC	EA	Salcey Forest	Milton Keynes	
Sun 7th	East Midlands League 2019	C	LEI	EM	Bagworth Woodlands	Coalville	SK446081
Sun 7 th	WMOA League Event 6 Arrow Valley Provisional	C	HOC	WM	Arrow Valley	Redditch	
Sun 14 th	YHOA Middle Distance Championships and YHOA Superleague	C	CLARO	YH		Harrogate	
Fri 19 th	Jan Kjellstrom Orienteering Festival - Sprint (UKOL)	A		SC	Aldershot Garrison	Aldershot	SU862521
Sat 20 th	Jan Kjellstrom Orienteering Festival - Individual 1 (UKOL)	A		SC	Windmill Hill	Frimley	SU907581
Sun 21 st	Jan Kjellstrom Orienteering Festival - Individual 2 (UKOL)	A	BKO	SC	Cold Ash	Newbury	SU521723
Mon 22 nd	Jan Kjellstrom Orienteering Festival - Relays	A		SC	Minley	Fleet	SU827577
Sun 28 th	YHOA Superleague and Yvette Baker Trophy Heat	C	HALO	YH	Mausoleum Woods and Cottagers Dale Wood	Brigg	
Sun 28 th	MDOC Urban	C	MDOC	NW	Birchwood	Warrington	

May

Sat 4 th	British Championships Weekend Mixed Sprint Relays	A	AIRE	YH	University of Bradford	Bradford	SE153328
Sun 5 th	British Orienteering Championships (UKOL)	A	AIRE	YH	Kilnsey North & Arncliffe	Grassington	SD933716
Mon 6 th	British Relay Championships	A	AIRE	YH	Middleton Park	Leeds	
Sun 12 th	Regional Event and YHOA School Championships	C	SYO	YH	Canklow	Sheffield	
Sun 12th	East Midlands Urban League 2019	C	NOC	EM	Clifton	Nottingham	
Sun 12 th	Keyne-O, Caldecotte Lake	D	SMOC	EA	Caldecotte Lake	Milton Keynes	
Sun 12 th	WMOA League Event 7 Parkhall	C	POTOC	WM	parkhall country park	Longton	SJ930446
Sat 18 th	LOC National Event	B	LOC	NW	Caw	Lake District	

EMEWs

	Weekend						
Sun 19 th	SO "Sunny Sussex" Weekend (3 of 3) SE League Event - Angmering Park (west), Arundel	B	SO	SE	Angmering Park Estate (west)	Arundel	TQ049075
Sun 19 th	LOC National Event Weekend	B	LOC	NW	Stickle Pike	Lake District	
Sun 19 th	East Midlands League 2019 & YBT Heat	C	DVO	EM	Calke Abbey	Ticknall	SK355240
Sun 19 th	Kings Lynn Urban	CI	NOR	EA		Kings Lynn	
Wed 22 nd	World Orienteering Day Event - John Port School	D	DVO	EM	John Port School - Etwall	Derby	SK267319
Sat 25 th	Scottish Orienteering Championships - Individual (UKOL)	B	SOLWAY	SOA	Dalbeattie Forest	Dalbeattie - Dumfries&Galloway	
Sat 25 th	Springtime in Shropshire 2017 Day 1 Urban Shrewsbury (UKUL) WMOA Urban League 2	B	HOC	WM	Shrewsbury	West Midlands	
Sun 26 th	Midlands Championships (UKOL)/Springtime in Shropshire Day 2 Brown Clee	A	HOC	WM	Brown Clee	Bridgnorth	
Sun 26 th	Scottish Orienteering Championships - Relay	C	SOLWAY	SOA	Drumlanrig	Thornhill, Dumfries&Galloway	
Sun 26 th	YHOA Urban League	C	CLARO	YH	Ripon	Ripon	
Mon 27 th	Springtime in Shropshire 2017 Day 3 Middle (UKOL)	B	HOC	WM	The Wrekin	Telford	